



Broccoli Cole Slaw® Pasta Salad

Servings

4

Calories

400

Prep Time

15 minutes

Total Time

25 minutes

Skill Level

Easy

Ingredients

- 1 (8 ounce) package spiral pasta
- 4 tablespoons avocado oil mayo
- juice of 1 lemon
- ¼ teaspoon cumin
- Salt and pepper to taste
- ¼ teaspoon cayenne pepper
- ¼ teaspoon granulated garlic
- 1 (15 ounce) can of corn
- 2 stalks green onion, chopped
- 1 (12 ounce) bag Mann's Broccoli Cole Slaw®
- chopped cilantro, for garnish



The Method

- Cook the pasta according to instructions, strain, and set aside.
- Add avocado oil mayo, lemon juice, and seasonings to a large mixing bowl and whisk until well combined.
- Add pasta, corn, green onion, and Broccoli Cole Slaw® to the bowl and toss until evenly coated.
- Garnish with cilantro and serve.

Nutrition Facts

Serving Size: 283g | Servings: 4

Amount Per Serving

Calories 400 | Total Fat 14g (sat fat 2g trans 0g) | Cholesterol 15mg | Sodium 290mg | Total Carbohydrate 67g | Dietary Fiber 5g | Sugars 7g (Includes 0g Added Sugars) | Protein 10g | Vitamin D 0% | Calcium 4% | Iron 20% | Potassium 10%

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